

Become the authority in Emotional Intelligence



Get certified on EQ-i 2.0 & EQ 360 Assessments of Emotional Intelligence

Train-the-Trainer Certification Workshop

For over 20 years, the Emotional Quotient Inventory (EQ-i®) and the EQ 360® have been instrumental in helping individuals and organizations predict and improve human performance.

Recent research and case studies demonstrate that selection and development initiatives based on the EQ-i 2.0 and EQ 360 can help organizations cut costs and mitigate risks because the results obtained from this inventory provide valuable insight regarding the respondent's ability to be successful in dealing with environmental demands and pressures.

Warum EQ-i ®?

The EQ-i 2.0 brings you the rigorous science in a sophisticated, professional, globally-appropriate, and intuitive user experience.

The simple structure of the EQ-i 2.0 and EQ 360 2.0 makes coaching easy as participants can readily see connections between emotional factors, their daily interactions, and their job competencies.

Target Audience

- Professional coaches looking to fast-track client's success
- Trainers involved in personal, leadership and management development and aiming to provide sustainable change
- HR consultants offering services for personal development of employees and leadership
- Professionals offering services related to outplacement or integration targeted at unleashing the client's potential.



Now in Switzerland by
EQpower emotionally smart

Objectives of certification

By the end of the certification program on EQ-i 2.0 & EQ 360 Assessments, you will be able to:

- Define emotional intelligence and its importance
- Describe the components of the EQ-i 2.0 and EQ 360 including defining composite scales and subscales
- Understand the science behind the EQ-i 2.0 & EQ 360 Assessments
- Administer the EQ-i 2.0 & EQ 360 Assessments
- Interpret the EQ-i 2.0 & EQ 360 Assessments
- Prepare for a feedback session following a structured approach
- Demonstrate the ability to conduct an effective assessment feedback session
- Explain the benefits of EI to your client groups
- Describe how EI applies to different disciplines
- Identify resources available post-certification
- Assess which report type is appropriate for their client

Certification Kit

- EQ-i 2.0 Assessment incl. Debriefing
- 2-days workshop incl. participant's workbook and handouts
- Access to the eLearning modules and presentations in the online Learning Center
- Book "The EQ Edge" by S. Stein & H. Book (Wiley-VCH Verlag, 2. Auflage 2011)
- International Coach Federation ICF CCE units: 9.25 Core Competencies and 6.75 Resource Development.

Why is Emotional Intelligence important?

While emotional intelligence isn't the sole predictor of human performance and development potential, it is proven to be a key indicator in these areas. Emotional intelligence is also not a static factor — to the contrary, one's emotional intelligence can change over time and can be developed in targeted areas.



Employee development

The EQ-i 2.0 measures the interaction between a person and the environment he/she operates in. Assessing and evaluating an individual's emotional intelligence can help establish the need for targeted development programs and measures. This, in turn, can lead to dramatic increases in the person's performance, interaction with others, and leadership potential. The development potential the EQ-i 2.0 identifies, along with the targeted strategies it provides, make it a highly effective employee development tool.



Recruitment and retention

The EQ-i 2.0 is versatile in workplace environments and can be used by employers — via HR and OD consultants, psychologists, or EQ-i 2.0 certified professionals — as a screening tool in hiring, leading to the selection of emotionally intelligent, emotionally healthy, and the most-likely successful employees.



Certification Process

The certification process for the EQ-i 2.0 & EQ 360 includes three parts: preparatory work, an in-class workshop and an exam. There are no qualification prerequisites to get certified.



Part 1 Pre-Work

The first step in the certification process is the participant's own EQ-i 2.0 Assessment, which is followed by a debriefing session with the trainer.

The following modules must be completed as self-study e-learning:

Module 1: Overview of Emotional Intelligence and the EQ-i 2.0 Model

Module 2: The Science Behind the EQ-i2.0 - Psychometrics

Module 3: Overview of 360° Assessments and the EQ 360

Module 4: Reports

It's recommended that participants read the book by Steven J. Stein and Howard E. Book "The EQ Edge" (included in the Certification Kit).



Part 2 In-Class

The following modules are covered during a 2-day in-class workshop:

Module 1: Overview of the EQ-i 2.0 Model and E-learning

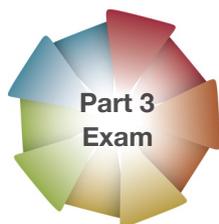
Module 2: Elements of EQ-i 2.0 - Subscales in Action

Module 3: Interpretation and Giving Feedback

Module 4: Overview of the EQ 360° Assessments and the EQ360

Module 5: Gaining Buy-In

Module 6: Orientation Modules - EQ-i 2.0 Portal Resource Centre



Part 3 Exam

At the end of the certification process the participant must take an on-line exam and obtain a minimum of 70% in order to be certified to use the EQ-i 2.0 & 360. The maximum time for the exam is 2 hours.

Before taking the exam, the participant must complete an on-line feedback about the certification process. This takes approximately 15 minutes.

Dates and Price

For details about dates, venue and price, visit www.eqpower.ch

Meet the Trainer



Marina Riedi is the founder of EQ Power GmbH. She is a distributor and an accredited training partner for the EQ-i 2.0 and EQ 360 assessments published by MHS Inc.

Marina Riedi trains and coaches people to develop their Emotional Intelligence. She brings together expertise in the subject of Emotional Intelligence, 20 years' experience in the corporate world and a natural ability for coaching people.

EQ-i 2.0 and EQ 360 Framework

The heart and soul of the EQ-i 2.0 resides in its conceptual framework based on the original EQ-i model (Bar-On, 1997). It comprises of fifteen subscales (competencies) across five scales and provides unique access into one's emotional and social functioning and well-being.



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Quick facts about EQ-i 2.0 and EQ 360

- 133 items using multiple-choice response scale
- Norms: General Population, n=4000
- Age Range: 18 years and older

The intuitive framework, coupled with the solid science behind the inventory, has made the EQ-i Assessment one of the most effective employee recruitment and development tools in the marketplace.

What the EQ-i 2.0 and EQ 360 measure

The EQ-i 2.0 and EQ 360 measure a set of emotional and social skills that influence the way we:

- perceive and express ourselves,
- develop and maintain social relationships,
- cope with challenges, and
- use emotional information in an effective and meaningful way

The EQ-i 2.0 is a web-based self-assessment. A person receives a snapshot of his/her emotional intelligence in the form of a report and then discusses these results with a certified trainer.

The EQ 360 is a multi-rater version of the EQ-i 2.0. It assesses the same emotional and social skills as the EQ-i 2.0 but, in addition, provides a snapshot of the individual's emotional intelligence from various perspectives: self, manager's, peer's, direct report's, friends and/or family.

The EQ-i 2.0 and EQ 360 are scientifically validated assessments and have excellent psychometric properties.

The EQ-i 2.0 & EQ 360 will help you to

- Become aware of emotions & emotional triggers
- Manage destructive impulses
- Learn to use the power of your emotions
- Cope better with changes and challenges
- Deal better with stress
- Communicate and express yourself authentically
- Build beneficial relationships
- Identify areas for personal growth and define strategies to develop them
- Work out an action plan to enhance EI
- Increase your emotional well-being