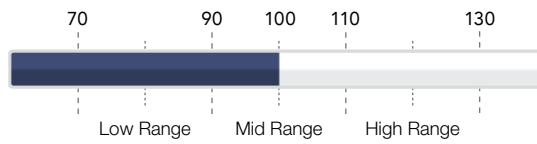


Overview of Group Results

Total EI:

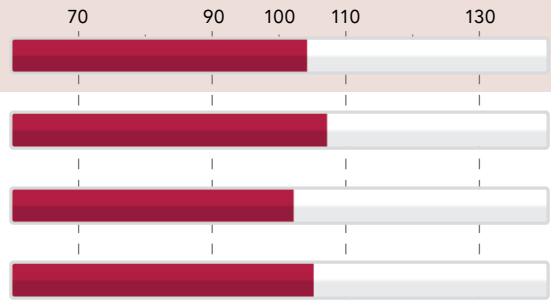


Self-Perception Composite

Self-Regard
Respecting oneself; confidence

Self-Actualization
Pursuit of meaning; self-improvement

Emotional Self-Awareness
Understanding own emotions

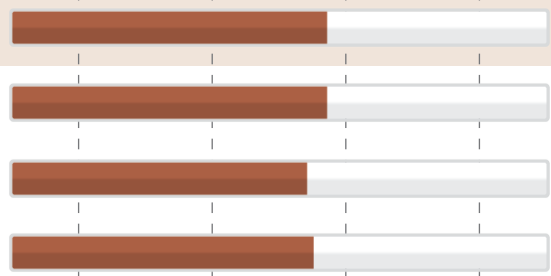


Self-Expression Composite

Emotional Expression
Constructive expression of emotions

Assertiveness
Communicating feelings, beliefs; non-offensive

Independence
Self-directed; free from emotional dependency

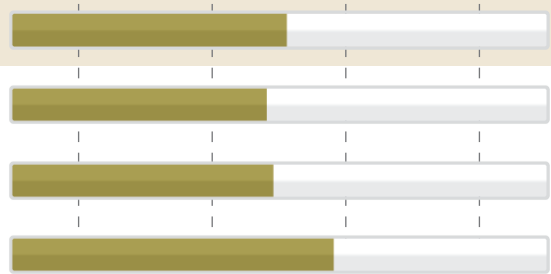


Interpersonal Composite

Interpersonal Relationships
Mutually satisfying relationships

Empathy
Understanding, appreciating how others feel

Social Responsibility
Social consciousness; helpful

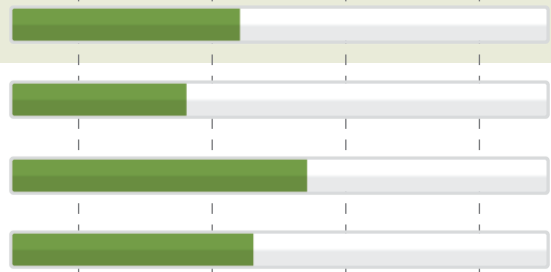


Decision Making Composite

Problem Solving
Find solutions when emotions are involved

Reality Testing
Objective; see things as they really are

Impulse Control
Resist or delay impulse to act

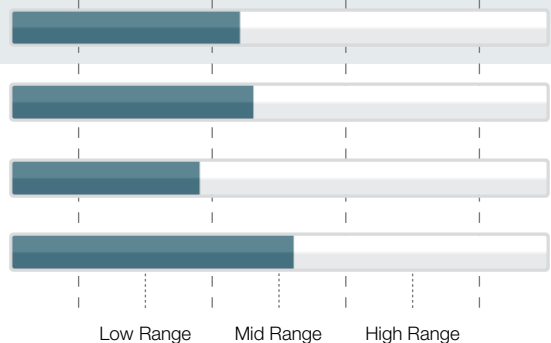


Stress Management Composite

Flexibility
Adapting emotions, thoughts and behaviors

Stress Tolerance
Coping with stressful situations

Optimism
Positive attitude and outlook on life



Low Range Mid Range High Range